

# A Prayer for the Families of Sports and Fitness Professionals

## **Scripture Reading:**

Psalm 145:1-13, Deuteronomy 6:1-9

## **Reflections of the Heart:**

“You know God will give favor to anyone who will believe in Him. Every day you should confess that you have favor everywhere you go. God will begin to open doors that you wouldn’t believe.” ~ Joyce Meyer

## **ONE Prayer:**

Awesome Father, our souls honor You! Thank You for creating families and for Your Word that instructs husbands and wives, parents and children how to treat each other. Thank You for sports and fitness professionals and for surrounding their families with favor like a shield. Thank You for opening doors for them so that Your plans and purposes for them can be realized. Father, thank You for the many opportunities families have to enjoy sports and fitness activities together as coaches, participants and spectators. Lord, thank You for jobs and other revenue streams produced by sports and fitness activities that create income to support families. Thank You for providing athletic scholarships as a means of paying for the education of young people, the future leaders for humanity. Lord, You are great and Your power is absolute. Your understanding is beyond comprehension. When we look at the night sky and see the work of Your fingers – the moon and the stars You set in place – what are mere mortals that You should think about them, human beings that You care for them? We exalt You, our God and King, and praise Your Name forever and ever!

Glorious Father, we confess that You are a sun and a shield for families of sports and fitness professionals; You bestow favor and honor. No good thing will You withhold from those who do what is right. And as they approach You confidently for good things, we expect that as they keep on asking, they will receive what they ask for. They will keep on seeking and they will find. They will keep on knocking, and the door will be opened to them. For Your promise is everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened. By faith, we declare that the families of sports and fitness professionals will not forget to do good and to share with those in need, for these are the sacrifices that please You. The love of God will reign supreme in their homes and their families will obey Your Word, with their children and grandchildren reverencing You, Lord, as long as they live. As they obey all Your decrees and commands, You will bless them to enjoy long lives and all will go well with them. They will always be humble and gentle. They will be patient with each other, making allowance for each other’s faults because of Your love.

## ***Holy Spirit, show me which family I should specifically pray for today:***

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Holy Spirit, we ask that You give the families of sports and fitness professionals one heart and put a new spirit in each member. Help them to understand through God’s Word His love for families, His will for their success and His wisdom regarding family unity and responsibilities. Show the families of sports and fitness professionals how to trust God through the challenges and changes of life and how to support and show favor to each other. Bring comfort, peace and healing to those families that are mentally and physically divided and, when needed, guide them towards appropriate counseling. Show parents how to treasure and train their children. Remind them to especially protect the hearts of children during times of separation, divorce and death to ensure they feel loved no matter what happens or how the family structure changes. Help children to respect and obey their parents. Motivate families to balance schedules so that they may spend quality time together; give them creative ways to connect and have fun.

Merciful Father, please forgive the families of sports and fitness professionals for all acts of sinfulness, including strife, anger, envy, jealousy, gossiping, idolatry, adultery, neglect, addictions, and verbal or physical abuse within their homes. Forgive them when they allow responsibilities like jobs, school and extracurricular activities to have greater priority over their families. Forgive them when they take Your blessings and as well as their loved ones for granted. Forgive those who do not pray for their families consistently. Forgive those who brag, boast or act

superior to others because of the position their loved one holds in the sports and fitness arena. Lord, forgive me for ***(list any sins that you have committed)***. Holy Spirit, remind families of sports and fitness professionals of those they need to forgive and help them to be quick to forgive. As for me, Holy Spirit, bring to my remembrance those I need to forgive. ***(Take a moment and ask the Holy Spirit to reveal names or faces of people that you may need to forgive. As He reveals them, say "I forgive name of person (s)."***

Holy Spirit, help the families of sports and fitness professionals not to yield to temptation but deliver them from the evil one.

Sovereign Lord, You are King! You are robed in majesty and armed with strength. The world stands firm and cannot be shaken. Your throne has stood from time immemorial. You are from the everlasting past. In Jesus' Name, Amen.

**Scripture References for the Written Text:** Psalm 5:12 (NKJV), Psalm 147:5, Psalm 8:3-4, Psalm 145:1, Psalm 84:11, Matthew 7:7-8, Hebrews 13:16, Ephesians 4:2, Deuteronomy 6:1-3, Matthew 6:13, Psalm 93:1-2

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