

**Prayer Topic #5:**  
**A Prayer for Our Young Adults**

**Scripture Reading:**  
Psalm 146, Jeremiah 29:11-13

**Reflections of the Heart:**

Young Adulthood is an exciting time filled with new found freedoms, opportunities and responsibilities. Let's pray for the young adults in our Church Family so that they will successfully navigate through these years and allow the Lord to lead and guide them.

**Scriptural Prayer:**

Marvelous Father, we thank You for the young adults in our Church Family. Thank You for the bright and prosperous future that You have for each of them. Thank You for the blood of Your precious Son, Jesus Christ, that brought us all near to You. Great is Your faithfulness. Your mercies are fresh every morning. We praise Your great and awesome Name. Your Name is holy! It is because of Your faithfulness that our young adults are kept strong in You and the power of Your might.

Faithful Father, we declare that the young adults in our Church Family are confident they have been raised from the dead along with Christ, and they are seated in the heavenly realms because they are united with Him. They are new people. Their old lives are gone, and a new life has begun! Lord, it is Your will that they be joyful always, ceaseless in prayer, and thankful in all circumstances. In Jesus' Name, we declare that they are free from the power of sin and have become slaves of God. They do only those things that lead to holiness and result in eternal life. We declare that wisdom will enter their hearts, and knowledge will fill them with joy. Wise choices will watch over them and understanding will keep them safe. We decree that they are living wisely and making the most of every opportunity.

Holy Spirit, help our young adults to strip off every weight that slows them down; especially the sin that so easily trips them up. Teach them to run with endurance the race God has set before them. Search them, O God, and know their hearts. Test them and know their anxious thoughts. Point out anything in them that offends You, and lead them along the path of everlasting life. Help them to daily trust in the Lord with all of their hearts and not lean to their own understanding, to seek His will in all that they do so that He can show them which path to take. Show them how to make divine connections with others who will hold them accountable and help keep them focused and pressing toward the heavenly prize for which God, through Christ Jesus, is calling them. Lord, show them the place and position that You have ordained for them in Your Kingdom. Help us as a Church Family to embrace and empower our young adults to stand strong in their Kingdom faith.

***Father, I commit to encouraging and praying for the following young adults:***

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Compassionate Father, forgive our young adults collectively and individually for the sinful acts that they have committed against You, including: idolatry, hostility, quarreling, jealousy, outbursts of anger, homosexuality, selfish ambitions, fornication, envy, drunkenness, division and disobedience. Forgive them for times when they have lost sight of who they are in Christ Jesus. Forgive us as a Church Family where we have not acknowledged or embraced our young adults. Father, forgive me for ***(list any sins that you have committed)***. Holy Spirit, remind our young adults of those they need to forgive and help them to be quick to forgive. As for me, Holy Spirit, bring to my remembrance those I need to forgive. ***(Take a moment and ask the Holy Spirit to show you names or faces of people that you may need to forgive. As He shows you, say aloud, "I forgive name of person(s)."*** Now, trust the Lord to heal any wounds in your soul caused by unforgiveness.)

Merciful King, help our young adults not to yield to temptation; but deliver them from the evil one.

Almighty God, You alone are God. You are the First and the Last. It was Your hand that laid the foundations of the earth; Your right hand that spread out the heavens above. When You call out the stars, they all appear in order. Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty. Everything in the heavens and on earth is Yours, O Lord, and this is Your Kingdom. In Jesus' Name, Amen.

**Scripture References for the Written Text:** Ephesians 2:13, Lamentations 3:23, Psalm 99:3, Ephesians 6:10, Ephesians 2:6, II Corinthians 5:17, I Thessalonians 5:16-18, Romans 6:22, Proverbs 2:10-11, II Corinthians 6:14, Colossians 4:5, Hebrews 12:1, Psalm 139:23-24, Proverbs 3:5-6, Philippians 3:14, Matthew 6:13, Isaiah 48:12-13, I Chronicles 29:10-11

***Today I will trust God to:***

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