

Prayer Topic #7:

A Prayer for Healthy Children in the Body of Christ

Scripture Reading:

Psalm 135:1-5, Psalm 127:3-5

Scriptural Prayer:

Gracious Father, we love You! We thank You for being the source of all life. Thank You for every child that has been born on earth. Thank You for making us so wonderfully complex. Everything that You do is marvelous! You are our strength. You are our Rock, fortress and Savior. In You alone do we find protection. You are our shield, the power that saves us and our place of safety. The heavens declare Your glory and the skies display Your craftsmanship. Day after day they will continue to speak; night after night they make Your glory known.

Righteous Father, as children, we declare that we are healthy and well-loved. You made all of the delicate, inner parts of our bodies. Lord, You knit us together in our mother's womb. Today, we confess that we will grow and develop into mighty men and women of God. We will do all things through Christ who strengthens us, including doing well at school. We declare that God's favor surrounds us like a shield.

Holy Spirit, show me what I need to do make sure I stay healthy:

Holy Spirit, remind us to eat our fruits and vegetables and drink plenty of water. Help us to not eat too much candy and junk food. Lord, watch over us and protect us while we are in school and participating in our after school activities. Keep our bodies and minds strong and healthy. Please surround our family with Your love, joy, and peace.

Holy Father, please forgive every child for disobedience and rebellion. Forgive us for fighting with our sisters and brothers. Forgive us for not always trusting God. Today, we decide to follow after Jesus Christ. Father, please forgive me for ***(list any sin that comes to mind)***. Lord, remind all children of those they need to forgive; and help all of us to be quick to forgive. ***(Take a moment and ask the Holy Spirit to show you names or faces of people that you may need to forgive. As He shows you, say aloud, "I forgive name of person(s).")***

Holy Spirit, help us all to not yield to temptation; but deliver us from the evil one.

Magnificent God, You are greater than we can understand. Your years cannot be counted. Only You know where light comes from and where darkness goes. Holy is Your Name! In Jesus' Name, Amen.

Scripture References for the Written Text: Psalm 18:1-2, Psalm 19:1-2, Psalm 139:13-14, Philippians 4:13, Psalm 5:12, Matthew 6:13, Job 36:26, Job 38:19

Today, I will trust God to:

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